



**ORE-IDA® REDUCED SODIUM TATER TOTS® SHAPED POTATOES 6X5 LBS**  
**USDA School Lunch Meal Planning Nutrition Facts**  
**100002789**



**Meets Smart Snack Qualification:** Yes  
**Meets Buy American Qualification:** Yes  
**Country of Origin:** USA  
**Religious Certifications(s):** None

**Nutrition Facts**

about 192 servings per container  
**Serving Size** 2.52 oz / about 8 pieces (71g)

Amount Per Serving  
**Calories** **90**

|                            |       | % DV* |
|----------------------------|-------|-------|
| <b>Total Fat</b>           | 3.5g  | 4%    |
| Saturated Fat              | 0g    | 0%    |
| Trans Fat                  | 0g    |       |
| Polyunsaturated Fat        | 1g    |       |
| Monounsaturated Fat        | 1.5g  |       |
| <b>Cholesterol</b>         | 0mg   | 0%    |
| <b>Sodium</b>              | 160mg | 7%    |
| <b>Total Carbohydrates</b> | 14g   | 5%    |
| Dietary Fiber              | 2g    | 7%    |
| Total Sugars               | < 1g  |       |
| Includes 0g Added Sugars   |       | 0%    |
| <b>Protein</b>             | 1g    |       |
| Vitamin D                  | 0mcg  | 0%    |
| Calcium                    | 10mg  | 0%    |
| Iron                       | 0.4mg | 2%    |
| Potassium                  | 180mg | 4%    |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dehydrated Potatoes, Dextrose, Modified Cellulose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Color.

Per FBG, one frozen serving portion (1/2 cup cooked vegetable) equals 2.52 oz of McCain tots.

**USDA Food Buying Guide (FBG) for Child Nutrition Programs**

Product: Potato Products, frozen, Rounds, Regular Size, (approx. 3/4 to 1 inch diameter by 1 to 1 -1/4 inch Length) Includes USDA Foods

| USDA Purchase Unit | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | USDA Purchase Units for 100 Servings |
|--------------------|---------------------------------|---|--------------------------------------|
| 1 Pound            | 12.7                            | 1/4 cup cooked vegetable                | 7.9                                  |

**McCain Equivalent per Bag**

FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

| McCain Purchase Unit | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | McCain Purchase Units for 100 Servings |
|----------------------|---------------------------------|---|--|
| 5 Pounds             | 31.75                           | 1/2 cup cooked vegetable                | 3.15                                   |

**McCain Equivalent per Case**

FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

| McCain Purchase Unit        | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | McCain Purchase Units for 100 Servings |
|-----------------------------|---------------------------------|---|--|
| 30 Pounds (6 Bags per Case) | 190.50                          | 1/2 cup cooked vegetable                | 0.52                                   |

| Description of Creditable Ingredients per Food Buying Guide (FBG) | Ounces per Raw Portion of Creditable Ingredient** | Multiply | FBG Yield / Servings per Unit | Creditable Amount* |
|---|---|----------|-------------------------------|--------------------|
| Potato Products, Frozen, Rounds                                   | 2.52 oz by weight                                 | X        | 12.7 / 16                     | 2.000              |
| <b>A. Total Creditable Amount</b>                                 |   |          |                               | <b>2.000</b>       |

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

|                            |                             |                            |
|----------------------------|-----------------------------|----------------------------|
| 0.5 Quarter Cups = 1/8 Cup | 1.5 Quarter Cups = 3/8 Cup  | 2.5 Quarter Cups = 5/8 Cup |
| 1.0 Quarter Cups = 1/4 Cup | 2.0 Quarter Cups = 1/2 Cups | 3.0 Quarter Cups = 3/4 Cup |

I certify that this information is true and correct.

8/2/2023  
Date

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