



McCain® HARVEST SPLENDOR™ SWEET POTATO 10 CUT WEDGE RIDGE CUT
 USDA School Lunch Meal Planning Nutrition Facts
 MCF04712

Meets Smart Snack Qualification: No
Meets Buy American Qualification: Yes
Country of Origin: USA
Religious Certification(s): Halal



Nutrition Facts

about 64 servings per container

Serving Size 3.78 oz (107g)

Amount Per Serving

Calories 200

		% DV*
Total Fat	7g	9%
Saturated Fat	1g	5%
Trans Fat	0g	
Polyunsaturated Fat	3g	
Monounsaturated Fat	3g	
Cholesterol	0mg	0%
Sodium	230mg	10%
Total Carbohydrates	32g	12%
Dietary Fiber	2g	7%
Total Sugars	10g	
Includes 2g Added Sugars		4%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.5mg	2%
Potassium	330mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

USDA Food Buying Guide (FBG) for Child Nutrition Programs

Product: Sweet Potatoes, Fries, Frozen wedge cut

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100
1 Pound	9.5	1/4 cup cooked vegetable	10.6

McCain Equivalent per Bag

FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
2.5 Pounds	10.42	1/2 cup cooked vegetable	9.59

McCain Equivalent per Case

FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
15 Pounds (6 Bags per Case)	62.54	1/2 cup cooked vegetable	1.6

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potatoes, frozen, wedges	3.38 oz by weight	X	9.5/ 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

INGREDIENTS: Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Corn Starch - Modified, Potato Starch - Modified. Contains 2% or less of Baking Soda, Dextrin, Extractives of Paprika and Turmeric (color), Fiber (Pea, Corn), Molasses Powder (Refiners Syrup, Molasses), Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Sugar, Xanthan Gum.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

3/7/2023
Date

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Research and Development

*** Per FBG, one frozen serving portion (1/2 cup cooked vegetable) equals 3.78 oz of McCain Sweet Potato 10 Cut Wedge Ridge Cuts**