



**ORE-IDA® OVEN READY 1/2" CRINKLE CUT FRENCH FRIES**  
**USDA School Lunch Meal Planning Nutrition Facts**  
**OIF00055A**

Meets Smart Snack Qualification: Yes  
 Meets Buy American Qualification: Yes  
 Country of Origin: USA  
 Religious Certification(s): Kosher



Nutrition Facts	
about 243 servings per container	
<b>Serving Size</b>	<b>1.98 oz (56g)</b>
Amount Per Serving	
<b>Calories</b>	<b>60</b>
	% DV*
<b>Total Fat</b> 2g	3 %
Saturated Fat 0g	0 %
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0 %
Sodium 15mg	1 %
<b>Total Carbohydrates</b> 12g	4 %
Dietary Fiber < 1g	3 %
Total Sugars 0g	
Includes 0g Added Sugars	0 %
<b>Protein</b> < 1g	
Vitamin D 0mcg	0 %
Calcium 10mg	0 %
Iron 0.2mg	0 %
Potassium 180mg	4 %

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Annatto (color), Caramel Color, Sodium Acid Pyrophosphate Added To Maintain Natural Color.

Per FBG, one frozen serving portion (1/2 cup heated vegetable) equals 1.98 oz of McCain Fries.

USDA Food Buying Guide (FBG) for Child Nutrition Programs			
Product: Potatoes, French Fries, frozen, Crinkle cut, Low Moisture, Ovenable USDA			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100
1 Pound	16.2	1/4 cup cooked vegetable	6.2

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
5 Pounds	40.50	1/2 cup cooked vegetable	2.47

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
30 Pounds (6 Bags per Case)	243.00	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, FF, Frozen, CC, Low Moisture	1.98 oz by weight	X	16.2 / 16	2.000
A. Total Creditable Amount				2.000

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.  
 Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

4/6/2023  
Date

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 Research and Development