

ORE-IDA® SEASONED HOMESTYLE MASH MAKERS® MASHED POTATOES

SKU: OIF03613

Pack Size: 6/4.00 LB



Nutritional Information

Nutrition Facts		
about 89 servings per container		
Serving Size	4.35 oz (123g)	
Amount Per Serving		
Calories	120	
		% DV*
Total Fat 3g		4%
Saturated Fat 1g		5%
Trans Fat 0g		
Polyunsaturated Fat 1.5g		
Monounsaturated Fat 1g		
Cholesterol < 5mg		1%
Sodium 350mg		15%
Total Carbohydrates 22g		8%
Dietary Fiber 2g		7%
Total Sugars 2g		
Includes 0g Added Sugars		0%
Protein 2g		
Vitamin D 0mcg		0%
Calcium 20mg		0%
Iron 0.3mg		0%
Potassium 350mg		8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredient and Contains Statement

Ingredients: Potatoes, Water. Contains 2% or less of Beta Carotene (color), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Locust Bean Gum), Creamer (Whey, Whey Protein Concentrate), Modified Cellulose, Salt, Sodium Acid Pyrophosphate Added To Maintain Color, Soybean Oil, Spices, Whole Milk Powder (Pasteurized Skim Milk, Cream). **Contains:** Milk

Shelf Life / Storage

Best if used before 730 days from date of manufacture, when stored at 0°F/-18°C or below.

This information is true and correct as of: 09/12/2024

L. Kilpatrick

Darcy Kilpatrick - McCain NA Research and Development

General Information			
Country of Origin:	USA	"Smart Snack" qualified?	No
Religious Certification(s):	None	"Buy American" qualified?	Yes

Product Formulation Credits			
McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate seasoning which is not part of the serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	14.74	1/2 cup heated vegetable	6.78

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate seasoning which is not part of the serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	88.44	1/2 cup heated vegetable	1.13

Description of Creditable Ingredients per FBG	Oz. per Raw Portion of Creditable Ingredient**	Multiply	FBG yield/Servings/Unit	Creditable Amount*
		x		2.00
Total Creditable Amount				2.00

*Per FBG, one frozen serving portion (1/2 cup heated vegetable) equals 4.342 oz of McCain mashed potatoes.

Preparation Instructions

Stove Top: Cook from frozen. Place bag of product into boiling water. Heat 25 to 30 minutes. Place potatoes in serving container. Fluff with fork and serve. * To ensure uniform cook, turn bags over, halfway through cooking when using the boil-in-bag method. **Microwave Oven (1700 Watt):** Cook from frozen, 1 bag of potatoes on high powder for 15 to 18 minutes. Cut slit 1/2 inch long in center of bag and place bag in microwave oven. Twice during the cook time, knead bag thoroughly to mix product and push the corners inward to avoid overheating. Heat to internal temperature of 175°F. Thoroughly mix the hot product. Place potatoes in serving container. Fluff with fork and serve.