



McCain® REDSTONE CANYON® SEASONED DICED POTATOES
 USDA School Lunch Meal Planning Nutrition Facts
 MCL03624

NUTRITION FACTS			
Serving Size 3.20 oz. (91g) FROZEN *			
Amount per Serving			
Calories 120		Calories from Fat 40	
% Daily Value*			
Total Fat 4.5g			7%
Saturated Fat 0.5g			3%
Trans Fat 0g			
Polyunsaturated Fat 2g			
Monounsaturated Fat 1.5g			
Cholesterol 0mg			0%
Sodium 470mg			20%
Potassium 270mg			8%
Total Carbohydrate 21g			7%
Dietary Fiber 2g			8%
Sugars less than 1g			
Protein 2g			
Vitamin A 4%	Vitamin C 10%	Iron 2%	
Calcium less than 2%			
<p>INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains 2% or less of Caramel Color, Cocoa Powder (Processed With Alkali), Degermed Yellow Corn Meal, Dextrin, Dextrose, Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Natural Garlic Flavor, Onion Powder, Paprika Extract (color), Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Color, Spices, Tapioca Starch, Tapioca Starch - Modified, Xanthan Gum</p>			

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Jan. 2013 Update)			
Product: Potato products, frozen, Skins or Pieces or Wedges, etc. With skin, Cooked (pg. 2-49)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	10.6	1/4 cup heated vegetable	9.5

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	24.94	1/2 cup heated vegetable	4.01

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	149.65	1/2 cup heated vegetable	0.67

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato products, frozen, skins,	3.02 oz by weight	X	10.6 / 16	2.00
A. Total Creditable Amount				2.00

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

* Per FBG, one serving portion (1/2 cup heated vegetable) equals 3.20 oz of McCain seasoned fries. Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.
 Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

12/14/2017

Date

Nicole L Bartz
 R & D Department