



ORE-IDA EVERCRISP® THIN CUT FRENCH FRIES
USDA School Lunch Meal Planning Nutrition Facts
OIF01028A

NUTRITION FACTS		
Serving Size 2.47 oz. (70g) FROZEN *		
Amount per Serving		
Calories 130	Calories from Fat 50	
% Daily Value*		
Total Fat 6g	9%	
Saturated Fat 1g	4%	
<i>Trans</i> Fat 0g		
Polyunsaturated Fat 2g		
Monounsaturated Fat 2.5g		
Cholesterol 0mg	0%	
Sodium 300mg	12%	
Potassium 210mg	6%	
Total Carbohydrate 18g	6%	
Dietary Fiber 1g	5%	
Sugars 0g		
Protein 1g		
Vitamin A 0%	Vitamin C 6%	
Calcium 0%	Iron 4%	
INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains 2% or less of Baking Soda, Dextrin, Dextrose, Guar Gum, Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Sugar, Tapioca Starch, Tapioca Starch - Modified, Wheat Starch, Xanthan Gum.		

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.47 oz of McCain battered fries.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (January 2013 Update)			
Product: Potatoes, French Fries, frozen, Straight cut, Regular moisture, Ovenable (pg. 2-48)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	14.0	1/4 cup cooked vegetable	7.2

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	32.20	1/2 cup cooked vegetable	3.11

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	193.20	1/2 cup cooked vegetable	0.52

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, FF, Frozen, SC	2.286 oz by weight	X	14/ 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.
 Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

8/14/2017
Date

Ruth A. Luther
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 Research and Development