



McCain® CRISPY BAKEABLE SEASONED 8 CUT WEDGE FRIES
USDA School Lunch Meal Planning Nutrition Facts
100000496

NUTRITION FACTS			
Serving Size 2.89 oz. (82g) FROZEN *			
Amount per Serving			
Calories 120		Calories from Fat 35	
% Daily Value*			
Total Fat 4g			6%
Saturated Fat .5g			3%
<i>Trans</i> Fat 0g			
Polyunsaturated Fat 1.5g			
Monounsaturated Fat 2g			
Cholesterol less than 5mg			1%
Sodium 140mg			6%
Potassium 230mg			7%
Total Carbohydrate 20g			7%
Dietary Fiber 2g			6%
Sugars 0g			
Protein 2g			
Vitamin A 0%	Vitamin C 6%		
Calcium 0%	Iron 2%		
INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified. Contains 2% or less of Annatto (color), Corn Starch, Corn Starch - Modified, Dextrin, Dextrose, Extractives of Capsicum, Extractives of Paprika (color), Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Paprika (color), Potassium Chloride, Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Spices, Tapioca Starch - Modified, Xanthan Gum.			

* Per FBG, one serving portion (1/2 cup baked vegetable) equals 2.89 oz of McCain seasoned wedges.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Jan. 2013 Update)			
Product: Potatoes, frozen, Wedges, USDA Foods (pg. 2-46)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	11.9	1/4 cup baked vegetable	8.5

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving. (pg. 2-46)			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	27.55	1/2 cup baked vegetable	3.63

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving. (pg. 2-46)			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	165.34	1/2 cup baked vegetable	0.60

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield / Servings per Unit	Creditable Amount*
Potato, Frozen, Wedges	2.69oz by weight	X	11.9/ 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

Ruth A. Luther
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 Research and Development

8/21/2017
 Date

