



ORE-IDA® GOLDEN TWIRLS® SPIRAL CUT FRENCH FRIES
 USDA School Lunch Meal Planning Nutrition Facts
 OIF01038A

| NUTRITION FACTS | | | |
|--|----------------|----------------------|----|
| Serving Size 1.98 oz. (56g) FROZEN * | | | |
| Amount per Serving | | Calories from Fat 25 | |
| Calories 90 | % Daily Value* | | |
| Total Fat 3g | | | 5% |
| Saturated Fat 0g | | | 0% |
| Trans Fat 0g | | | |
| Polyunsaturated Fat 1g | | | |
| Monounsaturated Fat 1.5g | | | |
| Cholesterol 0mg | | | 0% |
| Sodium 25mg | | | 1% |
| Potassium 180mg | | | 5% |
| Total Carbohydrate 13g | | | 4% |
| Dietary Fiber 2g | | | 8% |
| Sugars 0g | | | |
| Protein 2g | | | |
| Vitamin A 0% | Vitamin C 6% | | |
| Calcium 0% | Iron 0% | | |
| INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Sodium Acid Pyrophosphate Added To Maintain Natural Color. | | | |
| * Per FBG, one serving portion (1/2 cup cooked vegetable) equals 1.98 oz of McCain fries. | | | |

| USDA Food Buying Guide (FBG) for Child Nutrition Programs | | | |
|---|---------------------------------|---|--------------------------------------|
| Product: Potatoes, French Fries, frozen, Curly (1/3-inch width) | | | |
| USDA Purchase Unit | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | USDA Purchase Units for 100 Servings |
| 1 Pound | 16.2 | 1/4 cup cooked vegetable | 6.2 |

| McCain Equivalent per Bag | | | |
|---|---------------------------------|---|--|
| FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving. | | | |
| McCain Purchase Unit | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | McCain Purchase Units for 100 Servings |
| 4 Pounds | 32.40 | 1/2 cup cooked vegetable | 3.09 |

| McCain Equivalent per Case | | | |
|---|---------------------------------|---|--|
| FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving. | | | |
| McCain Purchase Unit | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | McCain Purchase Units for 100 Servings |
| 24 Pounds (6 Bags per Case) | 194.40 | 1/2 cup cooked vegetable | 0.51 |

| Description of Creditable Ingredients per Food Buying Guide (FBG) | Ounces per Raw Portion of Creditable Ingredient** | Multiply | FBG Yield /Servings per Unit | Creditable Amount* |
|---|---|----------|------------------------------|--------------------|
| Potato, FF, Frozen, Curly | 1.98 oz by weight | X | 16.2/ 16 | 2.000 |
| A. Total Creditable Amount | | | | 2.000 |

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

| Quarter Cup to Cup Conversion: | | |
|--------------------------------|-----------------------------|----------------------------|
| 0.5 Quarter Cups = 1/8 Cup | 1.5 Quarter Cups = 3/8 Cup | 2.5 Quarter Cups = 5/8 Cup |
| 1.0 Quarter Cups = 1/4 Cup | 2.0 Quarter Cups = 1/2 Cups | 3.0 Quarter Cups = 3/4 Cup |

I certify that this information is true and correct.

4/29/2019
Date

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