



McCain® REDSTONE CANYON® SEASONED DICED POTATOES
USDA School Lunch Meal Planning Nutrition Facts
MCL03624

| NUTRITION FACTS | |
|--|----------------------|
| Serving Size 3.20 oz. (91g) FROZEN * | |
| Amount per Serving | |
| Calories 120 | Calories from Fat 40 |
| % Daily Value* | |
| Total Fat 4.5g | 7% |
| Saturated Fat 0.5g | 3% |
| <i>Trans</i> Fat 0g | |
| Polyunsaturated Fat 2g | |
| Monounsaturated Fat 1.5g | |
| Cholesterol 0mg | 0% |
| Sodium 480mg | 20% |
| Potassium 270mg | 8% |
| Total Carbohydrate 21g | 7% |
| Dietary Fiber 2g | 8% |
| Sugars less than 1g | |
| Protein 2g | |
| Vitamin A 4% | Vitamin C 10% |
| Calcium less than 2% | Iron 2% |
| INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains 2% or less of Caramel Color, Cocoa Powder (Processed With Alkali), Degermed Yellow Corn Meal, Dextrin, Dextrose, Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Natural Garlic Flavor, Onion Powder, Paprika Extract (color), Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Color, Spices, Tapioca Starch, Tapioca Starch - Modified, Xanthan Gum | |
| * Per FBG, one serving portion (1/2 cup heated vegetable) equals 3.20 oz of McCain seasoned fries. | |

| USDA Food Buying Guide (FBG) for Child Nutrition Programs | | | |
|---|---------------------------------|---|--------------------------------------|
| Product: Potato products, frozen, Skins or Pieces or Wedges, etc. With skin, Cooked | | | |
| USDA Purchase Unit | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | USDA Purchase Units for 100 Servings |
| 1 Pound | 10.6 | 1/4 cup heated vegetable | 9.5 |

| McCain Equivalent per Bag | | | |
|---|---------------------------------|---|--|
| FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving. | | | |
| McCain Purchase Unit | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | McCain Purchase Units for 100 Servings |
| 5 Pounds | 24.94 | 1/2 cup heated vegetable | 4.01 |

| McCain Equivalent per Case | | | |
|---|---------------------------------|---|--|
| FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving. | | | |
| McCain Purchase Unit | USDA Servings per Purchase Unit | USDA Serving Size per Meal Contribution | McCain Purchase Units for 100 Servings |
| 30 Pounds (6 Bags per Case) | 149.65 | 1/2 cup heated vegetable | 0.67 |

| Description of Creditable Ingredients per Food Buying Guide (FBG) | Ounces per Raw Portion of Creditable Ingredient** | Multiply | FBG Yield /Servings per Unit | Creditable Amount* |
|---|---|----------|------------------------------|--------------------|
| Potato products, frozen, skins, | 3.02 oz by weight | X | 10.6 / 16 | 2.00 |
| A. Total Creditable Amount | | | | 2.00 |

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Use the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

| Quarter Cup to Cup Conversion: | | |
|--------------------------------|-----------------------------|----------------------------|
| 0.5 Quarter Cups = 1/8 Cup | 1.5 Quarter Cups = 3/8 Cup | 2.5 Quarter Cups = 5/8 Cup |
| 1.0 Quarter Cups = 1/4 Cup | 2.0 Quarter Cups = 1/2 Cups | 3.0 Quarter Cups = 3/4 Cup |

I certify that this information is true and correct.

3/25/2019
 Date 
 Nicole L Bartz
 R & D Department