



# Anchor<sup>®</sup> Battered Crispy Green Beans 4X2 LB

Made exclusively with tender Grade A whole petite green beans in a light, crispy seasoned batter.

## PRODUCT DETAILS

### GENERAL:

Packaging: 4/2 lb.

Best if used within 365 days of production date

Servings size: 16 pieces (85g)

Servings per container: 11

### CASE:

Net weight case 8 lbs.

Gross weight case 8.86 lbs.

### PRODUCT CODES:

SKU 50010917

UPC 072714109171

GTIN (Unit) 10072714109178

GTIN (Case) 10072714109178

## PREPARATION

### GENERAL CAUTIONS:

Ice crystals on frozen food can cause spattering when added to hot oil. Add product carefully. Product must be fully cooked. Do not allow product to thaw. Not designed for microwave preparation.

CAUTION: product will be hot.



### DEEP FRY

Temp (°F): 350

### Instructions:

Fry frozen product at 350°F for 1 3/4 minutes.



### BAKE – CONVENTIONAL

Temp (°F): 450

### Instructions:

Preheat oven to 450°F. Place frozen product in a single layer on a sheet pan and bake for 5 minutes on each side.

## ADULT NUTRITION FACTS

11 servings per container

**Serving Size** **16 pieces (85g)**

Amount Per Serving

<b>Calories</b>	<b>180</b>
Total Fat 8g	10%
Saturated Fat 1g	5%
Mono Unsaturated Fat 1.5g	
Poly Saturated Fat 4.5g	
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 590mg	26%
Total Carbohydrate 24g	9%
Dietary fiber 2g	7%
Total Sugars 2g	
Added Sugars 2g	4%
Protein 4g	8%
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.6mg	4%
Potassium 100mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS

Green Beans, Wheat Flour, Water, Vegetable Oil (Soybean And/Or Canola Oil), Bleached Wheat Flour, Rice Flour. Contains 2% or less of Corn Starch, Dried Mushrooms, Dried Onion, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Natural Flavor, Parmesan Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Salt, Spices, Sugar, Yeast Extract. CONTAINS: Milk, Wheat

## CONTAINS



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