



# Anchor<sup>®</sup> Breaded Cauliflower 6X3 LB

Cauliflower florets in a cheddar cheese batter and Japanese-style bread crumbs.

## PRODUCT DETAILS

### GENERAL:

Packaging: 6/3 lb.

Best if used within 365 days of production date

Servings size: 8 pieces (85g)

Servings per container: 16

### CASE:

Net weight case 18 lbs.

Gross weight case 19.19 lbs.

### PRODUCT CODES:

SKU 50010143

UPC 072714101434

GTIN (Unit) 10072714101431

GTIN (Case) 10072714101431

## PREPARATION

### GENERAL CAUTIONS:

Ice crystals on frozen food can cause spattering when added to hot oil. Add product carefully. Product must be fully cooked. Do not allow product to thaw. Not designed for microwave preparation.

CAUTION: product will be hot.



### DEEP FRY

Temp (°F): 350

### Instructions:

Fry frozen product at 350°F for 3 minutes.

## ADULT NUTRITION FACTS

16 servings per container

**Serving Size** **8 pieces (85g)**

Amount Per Serving

Calories	80
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 200mg	9%
Total Carbohydrate 18g	7%
Dietary fiber 1g	4%
Total Sugars 2g	
Added Sugars 0g	0%
Protein 3g	5%
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.3mg	8%
Potassium 150mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS

Cauliflower, Water, Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour. Contains 2% or less of Annatto Extract (color), Buttermilk Powder, Citric Acid, Dried Onion, Lactic Acid, Natural and Artificial Cheese Flavor (Cheddar Cheese Flavor [Milk, Maltodextrin, Bacterial Cultures, Salt, Enzymes, Natural and Artificial Flavor], Buttermilk, Whey, Autolyzed Yeast Extract, Cheese Flavor [Milk, Bacterial Cultures, Salt, Enzymes], Cultured Whey, Salt, Cream), Natural Flavor, Paprika Extract (color), Salt, Spices, Sugar, Turmeric Extract (color), Whey, Yeast, Yellow 5, Yellow 6. CONTAINS: Milk, Wheat

## CONTAINS



MILK



WHEAT



GLUTEN



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