



# V'DGZ

## V'DGZ™ CAULI W'NGZ

A crispy crunch of lightly pickled cauliflower, perfect as is or tossed with your favorite sauce. Large pickled cauliflower florets with a clear, crispy coating.

### PRODUCT DETAILS

#### GENERAL:

Packaging: 4/3.00 lb

#### Best if used:

Before 365 days from date of manufacture, when stored at 0°F/-18°C or below.

Servings size: 3 Pieces

Servings per container: 13

#### CASE:

Net weight case 12 lbs.  
Gross weight case 13.16 lbs.

#### PRODUCT CODES:

SKU 1000010795  
GTIN (Unit) 072714008207  
GTIN (Case) 10072714008204

### PREPARATION

#### GENERAL CAUTIONS:

ICE CRYSTALS ON FROZEN FOOD CAN CAUSE SPATTERING WHEN ADDED TO HOT OIL. ADD PRODUCT CAREFULLY. PRODUCT MUST BE FULLY COOKED. DO NOT ALLOW PRODUCT TO THAW. NOT DESIGNED FOR MICROWAVE PREPARATION. CAUTION: PRODUCT WILL BE HOT.



#### DEEP FRY

Temp (°F): 350  
Cooking Time (min): 3 1/2

#### Instructions:

FRY FROZEN PRODUCT AT 350° F FOR 3 1/2 MINUTES.



#### BAKE - CONVECTION

Temp (°F): 450 - Low Fan  
Cooking Time (min): 12

#### Instructions:

PREHEAT OVEN TO 450° F WITH LOW FAN. PLACE FROZEN PRODUCT IN A SINGLE LAYER ON A SHEET PAN AND BAKE FOR 12 MINUTES.

### ADULT NUTRITION FACTS

13 servings per container

Serving Size	3 Pieces
Amount Per Serving	
<b>Calories</b>	<b>200</b>
Total Fat 11g	14%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 900mg	39%
Total Carbohydrate 22g	8%
Dietary fiber <1g	4%
Total Sugars 3g	
Added Sugars 2g	4%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.6mg	4%
Potassium 90mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS

Cauliflower (Cauliflower, Water, Vinegar, Sugar, Salt, Sodium Benzoate (preservative), Calcium Chloride, Sodium Metabisulphite (color retention), Garlic Oil, Turmeric, Polysorbate 80, Propylene Glycol), Vegetable Oil (Soybean And/OR Canola Oil), Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Corn Starch - Modified, Rice Flour. Contains 2% or less of Annatto Extract (color), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Caramel Color, Corn Starch, Dehydrated Garlic, Dehydrated Onion, Dextrin, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Spices, Tapioca Starch - Modified, Whey, Xanthan Gum.

Contains: Milk, Wheat

### CONTAINS



MILK



WHEAT



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